

Hamburg Central School District

Continuing Education



Winter/Spring 2024

New Offerings:

- French macarons
- Cooking for kids

IMPORTANT NOTES:

Registration and payment with the Continuing Education Office are required BEFORE you will be permitted in class. Instructors will not accept course payment or registrations. They will accept lab fees ONLY, where noted. Please adhere to registration deadlines.

- You **will NOT be notified** if you have successfully registered.
- You **will be notified** if you have been closed out or if a course is canceled. In these instances, you will receive a refund.
- We accept mail-in and drop-off payment by check **ONLY**. **We will no longer accept cash.** A credit card can be used with online registration ONLY. **No phone registrations will be accepted.**
- Students of Continuing Education must be at least 21 years old; unless otherwise noted.
- Registration is required for all classes, even those that are free.
- If you are **60 years of age or older**, you are entitled to a senior discount, **where noted**.
- Classes will not run if Hamburg Central School District's day or evening activities are canceled due to inclement weather. In the event of such closing, you should attend the next scheduled class. In the case of single classes, you will be notified of a rescheduled date.
- **Once class begins, there are no refunds except for verified medical conditions.**

REGISTRATION

We encourage you to register online (**PREFERRED**) for our classes. **Mail in registrations will also be accepted & must include name, address, phone #, email address & class registering for. Separate checks & registration information must be written for each class.**

****There are also 24-hour secure drop slots in the front doors of the Administration Building**** in which registrations can be placed at any time.

MAIL REGISTRATION FORMS & CHECKS TO:

Hamburg Central Schools Administration Bldg.
Continuing Ed. Office
5305 Abbott Rd.
Hamburg, NY 14075
Please make checks payable to: Hamburg Continuing Ed.

REGISTER ONLINE:

Go to hamburgschools.org -> Community -> Continuing Education and follow the instructions. You can use your credit card with online registration. Please note: If you register online, there is a processing fee. This fee is non-refundable, even if the class is canceled or you withdraw. **Please register early, as some classes fill quickly or may be canceled if there is insufficient Registration.**

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ENTERING OUR SCHOOLS

As part of the district's security protocol, only certain exterior school doors will be unlocked for Continuing Ed. participants to gain entry to evening/weekend classes. At the four elementary schools, entry is through the main doors. At the Middle School, entry is on the parking lot side of the building, through door #14 near the cafeteria. At the High School, entry is through main door at the circle, or park in Division St parking lot and use door #8. Thank you for your cooperation.

ARTS & CRAFTS

PAINTING & DRAWING WORKSHOP (A1)

Vicki Warhol

Unleash your artistic potential! This workshop is for artists with basic understanding of watercolor, acrylics, oils, colored pencil or sketching. Enjoy painting subjects of your choice in the company of other painters. Learn new techniques and ideas. Please bring the supplies you want to work with in class: paintbrushes, pencils, pens, paints, sketchbook, etc.

Hamburg High School, Room 132

Dates: Wednesdays, March 20 - May 15

NO CLASS April 3

Time: 6:30 - 9 pm

Cost: \$50 Seniors: \$30

Registration deadline: March 6

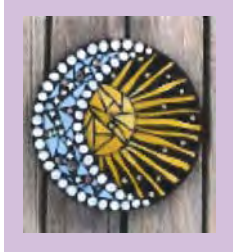


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ROVING GLASS CLASS

Gail Schneider

Create a beautiful handmade stained glass picture using stained glass, glue, nippers and a picture frame for your finished piece. You will have the opportunity to make 4 different glass creations through the Spring. Materials are included for each class for which you register.



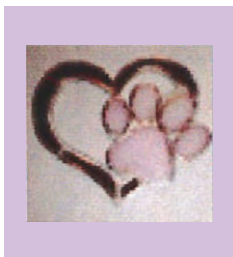
SUN AND MOON (A2)

Hamburg Middle School, Room 125
Date: Thursday, March 7
Time: 6 - 8 pm
Cost: \$35 Seniors: \$25
Registration deadline: February 22



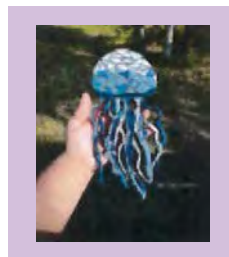
HOT AIR BALLOON (A4)

Hamburg Middle School, Room 125
Date: Thursday, March 21
Time: 6 - 8 pm
Cost: \$35 Seniors: \$25
Registration deadline: March 7



HEART PAW PRINT (A3)

Hamburg Middle School, Room 125
Date: Thursday, March 14
Time: 6 - 8 pm
Cost: \$35 Seniors: \$25
Registration deadline: March 1



JELLYFISH (A5)

Hamburg Middle School, Room 125
Date: Thursday, March 28
Time: 6-8 pm
Cost: \$35 Seniors: \$25
Registration deadline: March 14

BUSINESS/FINANCE/LAW

SAVVY SOCIAL SECURITY PLANNING FOR WOMEN (B1)

Elizabeth Evanisko

Social Security for many is a key part of a retirement income plan and it's important to know the facts to make the right decision. We will be exploring the basics of Social Security so you can understand how much you will receive and how taking it early or delayed will affect the amount you receive throughout your lifetime. We will be doing a deep dive into the factors you should consider if you are single, married, divorced or widowed and how to coordinate your own benefit with a spouse or widow benefit if applicable.

Hamburg High School, Room 144
Date: Tuesday, February 27
Time: 6 - 7:30 pm
Cost: Free
Registration deadline: February 13

SAVVY IRA PLANNING (B2)

Elizabeth Evanisko

In this workshop, you will learn strategies for IRA distribution planning in retirement. These include reviewing the six rollover options for your retirement plan funds, how the SECURE Act changed IRA planning, three common required minimum distribution mistakes, the difference between indirect and direct rollovers, and how to coordinate your IRA planning with your overall retirement, estate, tax, education, Social Security and financial plans.

Hamburg High School, Room 144
Date: Tuesday, March 5
Time: 6 - 7:30 pm
Cost: Free
Registration deadline: February 20

SAVVY TAX PLANNING (B3)

Elizabeth Evanisko

It's not just about what you earn but rather what you get to keep! During this workshop, you will learn the critical tax planning tips and tricks when it comes to your retirement income. We will be exploring the surprises that make retirement more expensive, what the Social Security "tax trap" is and how you can avoid it, how tapping assets in the wrong order can trigger higher Medicare premiums, why you need to manage taxes even before you retire and costly mistakes to avoid when it comes to your investment portfolio, health care and estate.

Hamburg High School, Room 144
Date: Tuesday, March 19
Time: 6 - 7:30 pm
Cost: Free
Registration deadline: March 5

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BUSINESS, FINANCE & LAW

MEDICARE 101 WITH CLARITY (B4-a)

Laura Archambault

Confused about Medicare? Turning 65 soon? Join us for a free 1 hr informational workshop that will help you understand the basics of medicare enrollment & how to choose the plan that is right for YOU!

Hamburg High School, Room 121

Date: Tuesday, March 19

Time: 6:30 - 7:30pm

Cost: Free

Registration Deadline: March 5

****OR****

MEDICARE 101 WITH CLARITY (B4-b)

Hamburg High School, Room 121

Date: Wednesday, April 17

Time: 6:30 - 7:30pm

Cost: Free

Registration Deadline: April 3

SOCIAL SECURITY AND MEDICARE PLANNING (B5-a)

Matthew McAnulty, Sgroi Financial

This class will cover what everyone needs to know about Social Security and Medicare. Often when one is planning to retire he/she ponders, will my Social Security be taxed? When should I take Social Security? Will my spouse receive benefits? Can I receive benefits from an ex-spouse? Will working affect my Social Security Benefit? What does Medicare Cover? When can I enroll in Medicare? Get answers and more to help make the best Social Security and Medicare decision for you!

Hamburg Middle School, Room 127

Date: Monday, April 15

Time: 6:30 - 7:30 pm

Cost: Free

Registration Deadline: April 1

****OR****

SOCIAL SECURITY AND MEDICARE PLANNING (B5-b)

Hamburg High School, Room 142

Date: Thursday, May 16

Time: 6:30 - 7:30 pm

Cost: Free

Registration Deadline: May 2

BUYING A HOME IN TODAY'S MARKET B6)

Christopher Ricci

Perfect class for the first time home buyer or for someone who wants a refresher on how the process looks today as opposed to even just a few years ago. We will examine the entire purchasing process starting with how to obtain your pre-approval, estimate your monthly payment, how to effectively house hunt, the contract process, how inspections work and how the closing process works. We will examine some first-time buyer programs available, particularly the one the Town of Hamburg offers. Other topics highlighted during the presentation will be: common mistakes buyers make, how to overcome financial obstacles, strategies for a more competitive offer and when the best time to buy/sell is.

Hamburg Middle School, Room 127

Date: Tuesday, April 16

Time: 6:30 - 8:30pm

Cost: Free

Registration Deadline: April 2

WILLS, TRUSTS AND ESTATES (B7-a)

Matthew McAnulty, Sgroi Financial

This class will cover what everyone needs to know about Estate planning. Often when one is planning their legacy, they will wonder how their assets will be transferred when they're gone. They will often ask; Do I need a will? How do beneficiary designations work? Do I need a Trust, and if so, what kind do I need? How do taxes factor into estate planning? What should I do for long term care? What does Medicaid cover? Should I have a Power of Attorney? Get answers to these questions and more, to help make estate planning easier.

Hamburg Middle School, Room 127

Date: Thursday,, March 7

Time: 6:30 -7:30 pm

Cost: Free

Registration deadline: February 22

****OR****

WILLS, TRUSTS, AND ESTATES (B7-b)

Hamburg Middle School, Room 127

Date: Thursday, April 25

Time: 6:30 - 7:30 pm

Cost: Free

Registration deadline: April 11



HOW TO PROTECT YOUR MONEY FROM MEDICAID AND A NURSING HOME (B8)

Les Robinson, CLTC

Long-Term Care and Medicaid are the biggest threat to your retirement security. This planning system works to bring together Retirement and Long-Term Care Planning to protect you from losing your money, income and independence to Long-Term Care and Medicaid Events. Topics discussed will include: protecting your personal choices and financial independence, removing the hidden financial threats to your money, understanding the consequences of having or not having a plan for your money and income stream, avoiding spend down mistakes, maintaining Medicaid eligibility, long-term care options and developing a safe and secure plan.



Hamburg High School, Cafeteria

Date: Wednesday, May 1

Time: 6 - 8 pm

Cost: Free

Registration deadline: April 17

TAX PLANNING IN RETIREMENT (B9-a)

Matthew McNulty, Sgroi Financial

This Class will cover what everyone needs to know about taxes in retirement. When someone plans on retiring, or is already retired, they will often ask; Is my social security taxable? How is my pension taxed? How do taxes affect my retirement account distributions? What are Required Minimum Distributions? If I have an Annuity, will that be taxed? What type of accounts are taxable, maybe taxable and never taxable? How are inheritances taxed to my heirs? Get answers to these questions and more, to help make retiring easier.

Hamburg Middle School, Room 127

Date: Monday, March 18

Time: 6:30 - 7:30 pm

Cost: Free

Registration deadline: March 4

****OR****



TAX PLANNING IN RETIREMENT (B9-b)

Hamburg Middle School, Room 127

Date: Monday, May 6

Time: 6:30 - 7:30 pm

Cost Free

Registration deadline: April 22

MUSIC

INTRODUCTION TO ACOUSTIC GUITAR (M1)

Dennis Peglau

Have you always wanted to play the guitar or other stringed instruments? These classes are intended to provide individuals the opportunity to learn to play guitar. With regular attendance and practice, you should soon be able to play many of the folk songs that are part of our musical heritage. Completing the course prepares you to participate in Acoustic Music Jam. If you wish, you may enroll in either or both music classes to either sing along or try your newly-learned

skills. Students are expected to provide their own instruments. If you do not have an instrument, contact the instructor (716-818-6875) for assistance.

Hamburg Middle School, Room 134

Dates: Wednesdays, February 7 - April 24

NO CLASS FEBRUARY 21 & APRIL 3

Time: 6:30 - 7:30 pm

Cost: \$55 Seniors: \$40

Registration deadline: January 24



ACOUSTIC MUSIC JAM (M2)

Dave Brigham

Do you play acoustic guitar, banjo, mandolin or any other acoustic folk instrument? If you enjoy playing or singing folk music, you are invited to join us for an acoustic music jam. Music choices include traditional and modern folk, old-time country and bluegrass music. The music is paced so that beginners, as well as more experienced musicians, can participate. The atmosphere is informal, relaxed and great fun! If you can't play an instrument, come and sing. Students are expected to provide their own instruments. If you do not have your own instrument, contact the instructor (716-343-3501) for assistance.

Playlists and music sheets will be provided via email, so please be clear when writing your email on your registration form. A limited number of song sheets will be available for those who do not have internet access.

Hamburg Middle School, Room 134

Dates: Wednesdays, February 7 - April 24

NO CLASS FEBRUARY 21 & APRIL 3

Time: 7:30 - 9 pm

Cost: \$55 Seniors: \$40

Registration deadline: January 24

WELLNESS & FITNESS

YOUTH MENTAL HEALTH FIRST AID TRAINING (FN11)

Hamburg Central certified instructors

Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations. Topics covered include anxiety, depression, substance use, disorders in which psychosis may occur, disruptive behavior disorders (including AD/HD), and eating disorders. It teaches about recovery and resiliency - the belief that individuals experiencing these challenges can and do get better.

The course consists of 2 hours of online pre-work (to be completed on your own before the in-person meeting) and 3 hours of in-person instruction. Cost includes a manual.

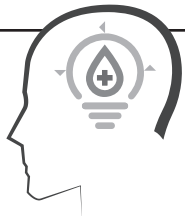
Hamburg High School, Room 142

Date: Wednesday, February 27

Time: 5:30 - 8:30 pm

Cost: \$50

Registration Deadline: February 13



ZUMBA® (FN1)

Carol Clark-Osuch

Looking for a fun workout class? Dance your way into fitness with Zumba®, a Latin inspired fitness class that combines high energy moves and easy to follow dance combinations. The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone the body and maximize fat burning. You don't have to know how to dance to do Zumba®. Zumba® creates a party-like atmosphere. It's a one-of-a-kind combination of dance and exercise designed to put the fun back into fitness. All fitness levels are welcome. Come join the party!

Charlotte Avenue School, gym

Dates: Tuesdays, February 6 - April 23

NO CLASS FEBRUARY 20 & APRIL 2

Time: 5 - 6 pm

Cost: \$60

Registration deadline: January 23

ALL LEVEL YOGA (FN2)

Joelle Salerno

A community yoga class for wellness as we practice mindfulness techniques and traditional yoga poses to help decrease stress and tension and increase calm and relaxation. Beginners are welcome! Bring water bottle & yoga mat

Hamburg High School, Library

Dates: Wednesdays, February 14 - May 1

NO CLASS FEBRUARY 21, MARCH 6, APRIL 3

Time: 7 - 8 pm

Cost: \$100

Registration deadline: February 1



SPORTS

MEN'S VOLLEYBALL (SP1)

Tom Lardo

Enjoy volleyball for fun and exercise. Some instructions will be given.

Hamburg Middle School, Gym

Dates: Thursdays, February 8 - May 9

NO CLASS: FEBRUARY 22, APRIL 4

****Please Note: This is a 1/2 year class****

Time: 7:30 - 9:30 pm

Cost: \$30 Seniors: \$20

Registration Deadline: January 18

Volleyball dates/times will be adjusted in the event of home sports games

CO-ED VOLLEYBALL (SP2)

Tom Lardo

Enjoy volleyball for fun and exercise. Some instructions will be given.

Hamburg Middle School, Gym

Dates: Tuesdays, January 30 - May 7

****Please Note: This is a 1/2 year class ****

NO CLASS FEBRUARY 20 & APRIL 2

Time: 7:30 - 9:30 pm

Cost: \$30 Seniors: \$20

Registration Deadline: January 18



SWIMMING

SUNRISE SWIM (SW1)

No instructor

Take an early morning leisure swim. Registrants swim lengths of the pool at their own pace. For your safety, we adhere to a swimmer: lifeguard ratio. The registration fee includes both days. Class limit: 25.

Hamburg High School, pool

Dates: Tuesdays & Thursdays, February 6 - May 9

NO CLASS FEBRUARY 20, 22, APRIL 2, 4

Time: 6:15 - 7:15 am

Cost: \$40 Seniors: \$30

Registration deadline: January 25

SWIM FOR HEALTH (SW2)

No instructor

This program of leisure swim is for adults who like to enjoy the recreational benefits of a pool. For your safety, we adhere to a swimmer: lifeguard ratio. The registration fee includes both days. Class limit: 25.

Hamburg Middle School, pool

Dates: Tuesdays & Thursdays, February 6 - May 9

NO CLASS FEBRUARY 20, 22 & APRIL 2, 4

Time: 5:30 - 6:30 pm

Costs: \$40 Seniors: \$30

Registration deadline: January 25

DEEP WATER WORKOUT (SW3)

Mary Jo Lardo

This fitness program provides a no-impact but challenging cardiovascular workout. The class will use flotation devices to assist in a total body workout. Kick, tread and scull your way to a fit body. You will find this class especially challenging to the abs and thighs. Participants must be comfortable in deep water with no support. Students should purchase an aquatic belt or Styrofoam water weights.

Class limit: 25. Hurry! This class usually fills up quickly.

Hamburg Middle School Pool

Dates: Mondays & Wednesdays, February 5 - May 8

NO CLASS FEBRUARY 19, 21, APRIL 1, 3

Time: 5 - 6 pm

Cost: \$55 Seniors: \$45

Registration deadline: January 22

AQUA AEROBICS (SW4)

Stephanie Lardo

This is an easy-going, low-impact water aerobics class. It includes stretching, quick cardio and some light arm workouts. Participants should be comfortable in the water. Class limit: 25. Hurry! This class usually fills up quickly.

Hamburg Middle School Pool

Dates: Mondays & Wednesdays, February 5 - May 8

NO CLASS FEBRUARY 19, 21, APRIL 1, 3

Time: 6 - 7 pm

Cost: \$55 Seniors: \$45

Registration deadline: January 22

MASTER SWIMMING

Wendy Ryan

This class is for competitive swimmers - past, present & future - who would like to improve their efficiency and conditioning using the four basic competitive strokes. If you are unable to consistently swim break-free laps, this course is not for you.

TUESDAYS MASTER SWIM (SW6)

Hamburg Middle School Pool

Dates: Tuesdays, February 6 - May 14

****Please Note: This is a 1/2 year class****

NO CLASS FEBRUARY 20, APRIL 2

Time: 6:30 - 8pm

Cost: \$45 Seniors: \$35

Registration Deadline: January 20

THURSDAYS MASTER SWIM (SW7)

Hamburg Middle School Pool

Dates: Thursdays, February 1 - May 9

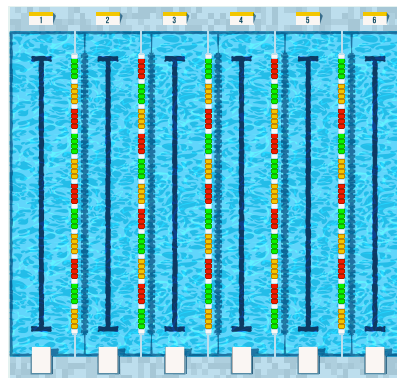
****Please Note: This is a 1/2 year class****

NO CLASS FEBRUARY 22, APRIL 4

Time: 6:30 - 8pm

Cost: \$60 Seniors: \$50

Registration Deadline: January 20



COOKING CLASSES

COOKING WITH KRISTA

Each class offers a unique culinary adventure, expert guidance, and hands-on experience, ensuring you leave with not just recipes, but a newfound confidence to conquer these delectable dishes in your own kitchen.

KNIFE SKILLS WORKSHOP (CK1)

Sharpen your culinary expertise in our Knife Skills class. Gain invaluable knowledge on handling, sharpening, and mastering precise cuts like brunoise and julienne. As you hone your knife skills, prepare a delectable Chicken Stir-fry Montego Bay, discovering the power of safe slicing and dicing.

Hamburg Middle School, Room 122

Date: Thursday, February 29

Time: 6 - 8 pm

Cost: \$60

Registration deadline: February 15

KIRK VAN WAGNER'S SPECIALTIES (CK2)

Bolognese & Tiramisu. Join us for a culinary experience inspired by the expertise of Kirk Van Wagner, featuring the renowned Bolognese & the luscious Tiramisu. Delve into the secrets behind these cherished dishes and learn the techniques to recreate these authentic Italian favorites in your own kitchen.

Hamburg Middle School, Room 122

Date: Thursday, March 14

Time: 6 - 8 pm

Cost: \$60

Registration deadline: March 1

SPANISH DELIGHTS: PAELLA & CARMEL FLAN (CK3)

Immerse yourself in the vibrant flavors of Spain with our Spanish Vibes class. Learn the art of crafting the perfect Paella, packed with aromatic spices and succulent seafood. Then indulge in the velvety sweetness of a traditional Caramel Flan. Let the essence of Spanish cuisine transport your taste buds on a culinary journey.

Hamburg Middle School, Room 122

Date: Thursday, March 21

Time: 6 - 8 pm

Cost: \$60

Registration deadline: March 7



MOUThWATERING MASTERY: CAESAR SALAD & CHICKEN SALTIMBOCCA (CK4)

Experience the sheer delight of flavors that literally jump in your mouth in our special class. Master the refreshing simplicity of a classic Caesar Salad, followed by the sensational taste of Chicken Saltimbocca paired with sauteed escarole. Elevate your cooking skills with this exquisite meal.

Hamburg Middle School, Room 122

Date: Thursday, April 11

Time: 6 - 8 pm

Cost: \$60

Registration Deadline: March 28

CARIBBEAN DELIGHTS: ESCOVITCHE FISH, COCONUT RICE & PEANUT BUTTER PIE (CK5)

Embark on a journey to the Caribbean with Krista's expertise gained from living in the islands. Learn to prepare Escovitché Fish bursting with tropical flavors, complemented by the richness of Coconut Rice and Beans. Round off the evening with the divine indulgence of a homemade Peanut Butter Pie.

Hamburg Middle School, Room 122

Thursday, April 18

Time: 6 - 8 pm

Cost: \$60

Registration Deadline: April 4

LEARN HOW TO MAKE CHOCOLATES!

Ron Solly

Ron is Culinary Institute of America (CIA) trained in making chocolates and other confections. Join him and learn the art of making sponge candy, artisan truffles, or butter caramel turtles as well as learning how to temper chocolate.

LEARN HOW TO MAKE SPONGE CANDY (CK6)

Hamburg Middle School, Room 122

Time: 6 - 8 pm

Cost: \$50

****PLEASE REGISTER FOR ONE OF THE FOLLOWING DATES****

FEBRUARY 5, FEBRUARY 28, MARCH 13, MARCH 27

ARTISAN TRUFFLES (CK7)

Hamburg Middle School, Room 122

Time: 6 - 8 pm

Cost: \$50

****PLEASE REGISTER FOR ONE OF THE FOLLOWING DATES****

FEBRUARY 12, FEBRUARY 26, MARCH 4, MARCH 18, APRIL 15

BUTTER CARAMEL TURTLES (CK8)

Hamburg Middle School, Room 122

Time: 6 - 8 pm

Cost: \$50

****PLEASE REGISTER FOR ONE OF THE FOLLOWING DATES****

APRIL 10, APRIL 24, APRIL 29

LEARN TO DECORATE COOKIES

Kelly Gorczyca, Owner Carmela's Cookie Shop

If you want to learn the art of cookie decorating, then this course is for you. I will teach you about working with royal icing, frosting consistency techniques, and how to use tools that will make your cookie decorating easier. There will be a Holiday theme to each class. You will get to decorate and take home 8 cookies and a cookie scribe.

VALENTINES DAY (CK9)

Hamburg Middle School, Room 122

Wednesday, February 7

Time: 5:30 - 8 pm

Cost: \$45

Registration Deadline: January 21

SPRING (CK10)

Hamburg Middle School, Room 122

Wednesday, March 20

Time: 5:30 - 8 pm

Cost: \$45

Registration deadline: March 6

SUMMER (CK11)

Hamburg Middle School, Room 122

Wednesday, May 8

Time: 5:30 - 8 pm

Cost: \$45

Registration Deadline: April 24

FRENCH MACARONS! (CK12)

Ashley Wagener

Come & learn the technique of French macarons with Niagara Falls Culinary Institute graduate, Ashley Wagener. Ashley spent eight years working in various restaurants and pastry kitchens in Cologne, Germany and is thrilled to be back in Buffalo teaching the preparation of a delicious raspberry filled macaron. You will learn how to pipe, bake, and fill macaron shells - and even get to bring some home! Get ready to put your piping skills to the test.

Hamburg Middle School, Room 122

Time: 5:30 - 8 pm

Cost: \$50

****PLEASE REGISTER FOR ONE OF THE FOLLOWING DATES****

FEBRUARY 15, MARCH 6, MARCH 11, MARCH 25

COOKING FOR KIDS ****NEW****

WHAT CAN I PUT IN MY LUNCHBOX (CK13) (Grades 3,4,5)

Sheri Gund

Looking for kids to start making their own lunch? Kids will learn some creative and healthy lunchbox options.

This session they will learn how to make a yogurt parfait and veggie spring rolls using local ingredients.

Hamburg Middle School

Tuesday, February 6

Time: 6 - 7 pm

Cost: \$45

Registration Deadline: January 2

WHAT CAN I PUT IN MY LUNCHBOX (CK14) (Grades 3,4,5)

Sheri Gund

This session they will learn how to make a cheese quesadilla with a garlic hummus for dipping using local cheese from Eden Valley Creamery.

Hamburg Middle School

Tuesday, Feb 13

Time: 6 - 7 pm

Cost: \$45

Registration Deadline: January 30

MICROWAVE COOKING (CK15) (Grades 3,4,5)

Sheri Gund

Are you looking for a way to get your kids started in the kitchen? Let's do some microwave cooking with simple recipes and only a few ingredients! This session they will learn how to make flavored popcorn in a brown paper bag using Local Meyer's popcorn and a simple mug cake with chocolate & sprinkles.

Hamburg Middle School, Room 122

Tuesday, February 27

Time: 6 - 7 pm

Cost: \$45

Registration Deadline: February 13

MICROWAVE COOKING (CK16) (Grades 3,4,5)

Sheri Gund

Are you looking for a way to get your kids started in the kitchen? This session they will learn how to make scrambled eggs in the microwave using local farm eggs and a yummy cinnamon roll in a mug.

Hamburg Middle School, Room 122

Tuesday, March 5

Time: 6 - 7 pm

Cost: \$45

Registration Deadline: February 20

SPECIAL INTEREST

WILDERNESS SURVIVAL (SI1)

Michael Olek

This wilderness survival class will provide instruction in wilderness survival, woodcraft aka bush-craft, primitive technologies and paleo skills, as well as edible and medicinal wild plants. Over the course of 8 classes the following topics will be covered: planning strategies, making survival kits, the 5 to 10 C's of survivability, methods of thermoregulation and heat transfer, essential elements of survival, shelter, water, fire, food, rescue signaling, navigation tips and techniques, using a compass, map, natural navigation signs, using items from nature to assist in survival.

Hamburg Middle School, Room 127
Date: Wednesdays, March 13 - May 8
NO CLASS: April 3
Time: 6:30 -8:30 pm
Cost: \$40 Senior \$35
Registration deadline: February 28



DIY GARDEN DESIGN (SI2)

Nora Saintz

Take the guesswork out of gardening! Nora Saintz is excited to provide her years of professional experience to help local homeowners create successful gardens. This course provides practical, easy-to-follow advice that makes gardening accessible to all. Course topics include: landscape design fundamentals, plant combination ideas for container gardens, solutions for wet, shady, and difficult-to-plant areas, low-maintenance, deer-resistant plant options. Participants are encouraged to bring photos of their yards for specific design advice. A Q&A session will be held at the end to cover any gardening-related topics not covered during class.

Hamburg High School, Room 121
Date: Wednesday, May 8
Time: 6:30 - 8:30 pm
Cost: \$30
Registration deadline: April 24

ANGELS, SPIRIT GUIDES AND YOU (SI3)

Richard D'Angelo, Life Enrichment Seminars

Many things have been written and said about angels...are they real? Do they really care about your everyday problems? Are they with us now?

These are just some of the questions people have about these amazing beings. Whether you are a skeptic or a believer doesn't matter. This is a non-religious class, which will answer all of your questions and give you a step-by-step process so that you can connect with them that very night! In addition contact information will be given for Spirit Guides and Archangels as well. All of your questions will be answered!

Come and join us for a fascinating evening of learning and discovery!

Hamburg Middle School, Room 127
Time: 6:30 - 9:30pm
Cost: \$35

****PLEASE REGISTER FOR ONE OF THE FOLLOWING DATES****

FEBRUARY 8
MAY 2

CHANGE YOUR MIND, IMPROVE YOUR LIFE (SI4)

Richard D'Angelo, Life Enrichment Seminars

In this class we will be taking an in-depth analysis of how and why our world is the way it is and the correlation between that and your mind.

During the presentation and various demonstrations, you will:

- Learn to see auras
- Know how to protect yourself against the negative energy of others
- Discover your inner blocks to your own happiness
- Learn how to send energy to another and what it's like to receive it
- And most importantly, you will understand how you are the creator of your life experiences

This class is not only very informative, but it's fun. Come and join us.

Hamburg Middle School, Room 127
Time: 6:30 - 9:30pm
Cost: \$35

****PLEASE REGISTER FOR ONE OF THE FOLLOWING DATES****

FEBRUARY 29
MAY 13

DEFENSIVE DRIVING COURSE (SI5-a)

All-Pro Tutoring & Test Prep -

This point and insurance reduction program reviews safe driving and accident-avoidance techniques. Upon completion of the class, drivers are eligible for a 10% reduction in their auto insurance and/or up to 4 points removed from their DMV driving record. Drivers may take the course every 3 years for insurance reduction and every 18 months for point reduction. All drivers listed on an insurance policy are eligible to complete the course. This is a great way to reduce the cost of your auto insurance!

Hamburg High School, Room 142
Date: Tuesday & Thursday, March 5 & 7
Time: 6 -9pm
Cost: \$50
Registration Deadline: February 20

****OR****

DEFENSIVE DRIVING COURSE (SI5-b)

Hamburg High School, Room 142

Date: Monday & Wednesday, April 30 & May 2

Time: 6 -9pm

Cost: \$50

Registration Deadline: April 16

INTERMEDIATE FRENCH (SI6)

Dr. Martha Horohoe

Although France is the number one tourist destination, almost every continent has several French-speaking countries. It truly is a world language. Have you ever wanted to learn French to enhance travel experiences or business relationships and enhance your understanding of a foreign culture? Dr Horohoe will teach an eight-week course presenting: the functions and uses of the French Language, pronunciation, grammar, the concepts which underlie the language; the culture and geography of French-speaking countries and regions like France, Quebec, Morocco and Martinique; and practical use of French in real world situations.

Intermediate French expands on previous groundwork. This course will focus on more practical use of French in real world situations as well the grammar and concepts that will enable you to start conversing in the language.

Hamburg High School, Room 142

Date: Wednesdays, March 6 - May 8

NO CLASS April 3 & 24

Time: 7 - 8 pm

Cost: \$62

Registration Deadline: February 21

AMERICAN RED CROSS CPR/AED TRAINING (SI7)

Domenic Danesi, Ready to Respond

The purpose of the American Red Cross(ARC) Adult CPR/AED Course is to help participants recognize and respond appropriately to cardiac and breathing emergencies and to give immediate care to a suddenly injured or ill person until more advanced medical personnel arrive and take over. The ARC Adult/AED Course offers instruction in CPR and AED courses for adults to meet the various training needs.

STUDENTS WILL RECEIVE AN AMERICAN RED CROSS CPR/AED CERTIFICATE UPON COMPLETION OF THE COURSE.

Hamburg High School, Room 142

Date: Tuesday, April 9

Time: 6 -8:30 pm

Cost: \$85

Registration Deadline: March 19



AMERICAN RED CROSS BABYSITTER'S TRAINING (SI8)

Domenic Danesi, Ready to Respond

(AGES 11-15)

This course is designed to provide young adults who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills; learn how to develop a babysitting business; keep themselves and others safe and help children behave; and learn about basic child care and basic first aid. Each student will receive an American Red Cross Babysitter's Kit and a certificate stating they successfully completed the program. Students are required to provide an email address that certificates can be sent to.

Hamburg High School, Room 142

Date: Saturday, March 9

Time: 9:30 am - 2:30 pm

Cost: \$85

Registration Deadline: February 24

SPANISH FOR THE ELEMENTARY YEARS

Grade K-5 - learn the spanish language, foundation vocabulary, introduced through games, singing & fun activities. Early introduction increases the ability to absorb rather than translate the language.

Program is held in school at dismissal

REGISTER ONLINE AT: www.TheEnrichmentCompany.com

Boston Valley Elementary

Date: Mondays, 3 - 3:40 pm

Cost: \$90 Per session

WINTER SESSION: 2/12, 2/26,3/4,3/11,3/18,3/25

SPRING SESSION: 4/22,4/29,5/6,5/13,5/20,6/3

Union Pleasant Elementary

Date: Tuesdays, 3 - 3:40pm

Cost: \$90

WINTER SESSION: 2/13, 2/27, 3/5, 3/12, 3/19, 3/26

SPRING SESSION: 4/23, 4/30, 5/7, 5/14, 5/21, 5/28

Armor Elementary

Date: Wednesdays, 3- 3:40pm

Cost: \$90

WINTER SESSION: 2/14, 2/28, 3/6, 3/13, 3/20, 3/27

SPRING SESSION: 4/24, 5/1, 5/8, 5/15, 5/22, 5/29

Charlotte Ave Elementary

Thursdays, 3 - 3:40pm

Cost: \$90

WINTER SESSION: 2/15, 2/29, 3/7, 3/14, 3/21, 3/28

SPRING SESSION: 4/25, 5/2, 5/9, 5/16, 5/23, 5/30



Administration Building
5305 Abbott Rd.
Hamburg, N.Y. 14075

Published by the Board of Education
Thomas F. Flynn III, Board President
Michael Cornell, Superintendent

Armor Elementary646-3350
Boston Valley Elementary.....646-3240
Charlotte Avenue Elementary646-3370
Union Pleasant Elementary.....646-3280
Hamburg Middle School.....646-3250
Hamburg High School646-3300
General Information.....646-3200

hamburgschools.org

REGISTRATION

Please complete a separate registration form and payment for each person and each class. Copies or 3x5 cards are acceptable. Be sure to include the correct course number.

Registration and payment can be dropped in the Lock Boxes located at either of the front doors on the Hamburg Central School Administration Building, 5305 Abbott Rd, or checks can also be mailed to the below address.

****We will no longer be accepting cash as a form of payment****

REGISTER BY MAIL:

Hamburg Central Schools
Continuing Ed. Office
5305 Abbott Rd.
Hamburg, NY 14075

CHECKS PAYABLE TO:

Hamburg Central Cont. Ed.

REGISTER ONLINE:

hamburgschools.org -> Community
-> Continuing Education

CONTACT US:

Reach us by email at:
conted@hcsdk12.org or
call 646-3200, ext. 7108,
from 8 a.m.-12:30 p.m., Mon.-Fri.

NO CLASSES WHEN SCHOOL IS CLOSED

WEATHER CLOSINGS:

When school is closed due to inclement weather, all night classes are cancelled as well. Monitor local TV stations throughout the day for closing information or visit the school district website at: hamburgschools.org

Hamburg Continuing Education - WINTER/SPRING 2024

Please fill out completely and print legibly.

Name _____

Street _____

Town/Zip _____

Phone number(s) _____

Email for notification - PLEASE PRINT CLEARLY

Course # _____ Course name _____

I am 21 years of age or older Yes No

Senior citizen discount? Yes No

FOR OFFICE USE:

Date rcvd. _____

Check # _____

Class fee _____

Sr. discount Yes No

Hamburg Continuing Education - WINTER/SPRING 2024

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